



maineaeyc

Maine Association for the Education of Young Children

2017 FALL CONFERENCE

HUNGRY FOR CONNECTION: SOCIAL EMOTIONAL DEVELOPMENT BIRTH THROUGH AGE EIGHT

Date: Saturday, October 21, 2017
8:00AM-3:30PM

Training Hours: A certificate for 7.0 training hours will be issued to all participants

Location: Bowdoin College, Brunswick ME

Questions? Email us at info@maineaeyc.org

For online registration, please visit our website at: <https://maineaeyc.org/fall2017-registration/>

(Note: you will need an active PayPal account to complete the online registration process).

Register Today!

Name: _____

Mailing Address: _____

Phone: _____ **Email:** _____

Registration Fee: Please make checks payable to **MaineAEYC** (Maine Association for the Education of Young Children), fee includes: conference registration, morning refreshments, lunch, and a certificate for 7 hours of training.

\$49 Non-members \$39 Reduced Rate for MaineAEYC Members, ID# _____

\$34 Student Rate, Name of College/University & Student ID#: _____

Please mark your **1st AND 2nd choices** for the afternoon breakout session:

_____ Continuity of Care: The Why and How of Building Long Term Attachments in Your Program

_____ Curriculum Approaches Designed to Support Children who Experience Trauma

_____ Emotions, Relationships and Learning

_____ Magical, Wonderful Me: Nurturing Self Awareness

_____ Strengthening Early Attachments

_____ Take a Look It's in a Book

Allergies/dietary restrictions: _____

Please mail completed form and payment to:

Jennifer Camire, Research Service Center, University of Southern Maine
PO Box 9300, 34 Bedford Street, Portland ME 04104

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Conference Schedule

8:00 AM	Registration, Refreshments & Networking	11:15 PM	Marcia Lovell Award Presentation
8:45 AM	Welcome! Anne Adams, MaineAEYC & Claire Berkowitz, Maine Children's Alliance	12:00 PM	Lunch (included in registration fee)
9:15 AM	Keynote Address: Lauren Wiley	1:00 PM	Breakout Sessions
		3:00 PM	Closing Gathering & Evaluations

Keynote Address: Lauren Wiley, M.Ed.

Attachment is a process that occurs through a relationship between at least two individuals. Children use early attachments as models for behavior; sometimes favorable and other times more challenging or difficult. What if we pause for a moment longer to wonder why certain behaviors or even certain children are more challenging and difficult for us than others? What makes children behave in different ways with different adults? What makes it possible for a "goodness of fit" or "attachment" to exist between a child and an adult? Lauren will share ideas and thoughts that provide insight into the answers to these questions. She will use attachment as a lens to look closely at our reaction to the challenging and difficult behaviors so that we can understand them better and respond in ways that are more effective.

Lauren holds a Master's Degree and certificates in Infant Mental Health from Erikson Institute and is an Illinois-certified Type 04 Early Childhood teacher. Lauren earned the Illinois Association for Infant Mental Health's Infant and Early Childhood Mental Health Credential in 2012. Lauren has extensive experience using a reflective, relationship-based approach in her work with children, parents, and early childhood professionals in school systems, mental health agencies, home visiting programs, and residential treatment programs. She has consulted on the assessment and treatment of young children, adolescents, and their families in the Early Intervention System, the Department of Children and Family Services, community health agencies, home visiting programs, and residential treatment facilities. Lauren's consultative work with teachers has been featured in the Hechinger Report and the New York Times.

Descriptions for Breakout Sessions

Continuity of Care: The Why and How of Building Long Term Attachments in Your Program, Martha Eshoo

Continuity of Care sets the stage for solid, trusting relationships and the foundation that is critical for each child to experience in the first three to five years. The goal of the continuity of care model is to build foundational and meaningful relationships with a primary person outside of the family circle. In the continuity of care model, the person is the initial primary educator. As children move with their primary caregiver from one room to the next, this relationship builds and renews itself. Milestones are reached, the relationship deepens, and stress of transitions is limited. In this session, participants will learn about the theory and research behind this model, identify the benefits and consider the challenges that are present when introducing and implementing this care design. Martha will be joined by a teacher panel who has been working within a COC model for over three years in order to share practical experience as primary caregivers in group settings.

Curriculum Approaches Designed to Support Children who Experience Trauma, Michael Sandberg

Children facing difficult times need two things from us in child care. They need a supportive and warm relationship and they need opportunities to process their problems in play while gaining a sense of mastery. That sounds easy to do, but in reality it can be a lot of hard work. We have to deal with our own emotional and professional responses to their behaviors and to their impact on the other children. We also have to find ways to make the space and materials for them to act out their feelings in constructive ways. This workshop will explore the impact of trauma on children and how we can respond to them in a way that will bring benefits to everyone involved. Bring your own experiences, both troubling and positive to share.

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Descriptions for Breakout Sessions (continued)

Emotions, Relationships and Learning, Sarah MacLaughlin

We want all children to grow up able to manage their emotions and get along with others. Relationships and social-emotional skills are the vital foundation for all other learning. This workshop will help you guide young children in learning valuable communication, self-regulation, and problem-solving skills, help foster more connected and calm relationships with the children in your care, and create a more peaceful classroom. This session is appropriate for all audiences: teachers of birth through age eight, infants, toddlers, preschoolers, K-second grade, and administrators.

Magical, Wonderful Me: Nurturing Self Awareness, Robin Holman

This session will integrate movement, meditation, positive affirmations, and creative expression as we explore the importance of nurturing self-awareness in young children on a daily basis. In order to sustain educational programs that support emotional and social development, it can be helpful to understand such concepts on a personal level. The strategies, ideas, and activities explored in this session not only apply to young children but also to you, the educator. During this session you will have time to nurture your own emotional self as you learn different ways to encourage and support the myriad of emotions that children often display. This session will be of special interest to preschool to grade two educators.

Strengthening Early Attachments, Mary Beth Lawton

Attachment theory is based on the belief that relationships are the primary force in development and form the basis of a child's future relationships, coping strategies, personality development and social-emotional health. Nearly forty percent of all children fail to develop secure attachments with their caregivers; these children often exhibit challenging behavior in the classroom. Participants in this workshop will learn how to recognize attachment-related behaviors in young children and how to strengthen parent-child, parent-professional and professional-child relationships in attachment-based early childhood programs. This presentation is most relevant for infant, toddler and preschool teachers.

Take a Look It's In a Book, Karen Richards Toothaker

Children's picture books provide a familiar and comforting source to help build and support young children's social emotional development. In this session participants will: gain knowledge of quality bibliotherapy children's literature, share picture books that provide opportunity to open discussions, explore the use of these books birth to age eight, learn music and hands-on activities that enhance the text and pictures, and receive research associated with using bibliotherapy children's literature.

Cancellation Policy: Refunds for paid registrations will be honored ONLY if cancellation notice is received by MaineAEYC at least one full week before the date of the event.



Maine Association for the Education of Young Children



MAINE ROADS TO QUALITY
Early Care and Education Professional Development Network



Family Child Care
Association of Maine

This event is sponsored through a collaboration between Maine Roads to Quality at the University of Southern Maine, the Maine DHHS Office of Child & Family Services, the Family Child Care Association of Maine, the Maine Children's Alliance, and the Maine Association for the Education of Young Children.